



SALT DOUGH STARFISH





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RECIPE



Materials

- 1 cup of flour
- ½ cup of salt
- ½ cup of water
- Optional: food colouring and or paint

Making the salt dough

- In a large bowl, combine flour, salt and water.
- Mix together with a spoon or knead by hand until smooth.
- Optional: Add a few drops of food colouring and mix the dough before shaping.





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Shaping the dough

- Roll a piece of dough into a ball and divide into five equal pieces.
- Stretch each piece of dough and shape into five starfish arms.
- Join all five pieces (arms) at the centre to form a star shape and reshape until you are happy with your starfish shape.
- Add texture using a pencil tip. or add rolled up dots on the arms.
- To turn your starfish into a hanging ornament, add a small hole at the end of one of the arms.

Baking method:

- Preheat the oven to 160 degrees celcius and bake until firm to the touch (1-3 hours).

Decorating

- Once baked and cool, paint your starfish.
- Seal your starfish with a clear varnish for durability.

